

**2009 USA Cycling Mountain Bike National Championships
Categories and Classes (age-groups)**

Cross-country/XCO (51)

Male Pro, U23

Junior (no category): 10 & under, 11-12, 13-14

Category 1: 15-16, 17-18, 19-24, 25-29, 30-34, 35-39, 40-44, 45-49, 50-54, 55-59, 60-64, 65+

Category 2: 15-18, 19-29, 30-34, 35-39, 40-44, 45-49, 50+

Category 3: 15-18, 19-29, 30-39, 40-49, 50+

Female Pro, U23

Junior (no category): 10 & under, 11-12, 13-14

Category 1: 15-18, 19-24, 25-29, 30-34, 35-39, 40-44, 45-49, 50-54, 55+

Category 2: 15-18, 19-29, 30-39, 40+

Category 3: 15-18, 19-29, 30-39, 40+

Short Track/STXC (6)

Male Pro, Category 1: 18 & under, 19-29, 30+

Female Pro, Category 1: open

Single Speed XCO (2)

Male, Female

Marathon/XCM (60k/37m-100k/62m) (11)

Male Pro/Open 19+, 19-29, 30-39, 40-49, 50-59, 60+

Female Pro/Open 19+, 19-29, 30-39, 40-49, 50+

24-Hour (34)

Male Solo, Solo/single speed, Duo, 4-person team, Junior 4-person team, Master 4-person team

Female Solo, Solo/single speed, Duo, 4-person team, Junior 4-person team, Master 4-person team

Mixed Duo

4X or Dual Slalom (12)

Male Pro

Junior (no category): 14 & under

Category 1: 18 & under, 19-29, 30-39, 40+

Category 2 & 3: 18 & under, 19-29, 30-39, 40+

Female Pro

Category 1, 2, & 3: open (all ages)

Downhill/DHI (39)

Male Pro

Junior (no category): 10 & under, 11-12, 13-14

Category 1: 15-16, 17-18, 19-24, 25-29, 30-34, 35-39, 40-44, 45-49, 50+

Category 2: 15-18, 19-24, 25-29, 30-34, 35-39, 40-49, 50+

Category 3: 15-18, 19-29, 30-39, 40+

Female Pro

Junior (no category): 10 & under, 11-12, 13-14

Category 1: 15-18, 19-29, 30-39, 40+

Category 2: 15-18, 19-29, 30-39, 40+

Category 3: 15-18, 19-29, 30+

Super D (11)

Male Pro/Open, Junior 18 & under, 19-29, 30-39, 40-49, 50+

Female Pro/Open, Junior 18 & under, 19-29, 30-39, 40+