

# USA Cycling Records

## Elite Men

### Track Time Trial - Flying Start

200 m	10.062	Jeffrey LaBauve, Moscow, 6/1/02
500 m	26.496	Marty Nothstein, Blaine, MN, 8/12/98

### Track Time Trial - Standing Start

<i>250 m</i>	<i>18.126</i>	<i>Michael Blatchford, Carson, CA, 8/21/07</i>
1 km	1:01.825	Erin Hartwell, Colo. Springs, CO, 9/17/95
4 km	4:19.80	Mariano Friedick, Manchester, 8/28/96
4 km team	4:06.73	Zach Conrad, Dirk Copeland, Mariano Friedick, Adam Laurent, Paris, France, 10/22/95
1 hour	51.505 km	Norm Alvis, Colo. Springs, CO, 9/26/97

### Road Time Trials

#### Individual

40 km	47:35.37	John Frey, Moriarty, NM, 9/2/90
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#### Tandem

40 km	44:18.84	John Frey, Rod Bush, Moriarty, NM, 9/6/92
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## Elite Women

### Track Time Trial - Flying Start

200m	11.064	Connie Paraskevin, Bogota, COL, 9/26/95
500 m	<i>29.662</i>	<i>Jennie Reed, Carson, CA, 6/16/08</i>

### Track Time Trial - Standing Start

500 m	34.426	Tammy Thomas, Mexico City, 8/12/01
1 km	1:12.298	Janie Eickhoff, Trexlertown, PA, 6/14/91
3 km	3:32.865	Sarah Hammer, Carson, CA 10/04/06
1 hour	44.028km	Carolyn Donnelly, Colo. Springs, CO, 10/29/90

### Track Team Time Trial -- Standing Start

<i>3000 m</i>	<i>3:34.783</i>	<i>Sarah Hammer, Dotsie Bausch, Jennie Reed Carson, CA, 10/6/07</i>
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### Road Time Trials

#### Individual

40 km	51:36.24	Mari Holden, Moriarty, NM, 9/3/95
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#### Tandem

40 km	52:00.55	Carolyn Donnelly, Paula Higgens, Moriarty, NM 9/3/95
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## Elite Mixed Tandem

### Road Time Trials

40 km	47:17.84	Kent Bostick, Carol Anne Bostick, Moriarty, NM, 9/2/96
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## Junior Men

### Track Time Trial - Flying Start

#### 200 meters

14-	11.575	Andy Lakatosh, Trexlertown, PA, 8/12/99
16-	10.654	Andy Lakatosh, Colo. Springs, CO 8/24/00
18-	10.499	William Clay, Colo. Springs, CO, 7/91

### Track Time Trial - Standing Start

#### 500 meters

14-	35.419	Andy Lakatosh, Indianapolis, IN, 6/30/99
16-	33.961	Andy Lakatosh, Ft. Lauderdale, FL, 8/10/01

#### 1 km

18-	<i>1:04.400</i>	<i>David Espinoza, Aguascalientes, MEX 8/8/07</i>
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#### 3 km

18-	<i>3:16.589</i>	<i>Taylor Phinney, Carson, CA, 6/15/08</i>
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#### 4 km Team Time Trial

18-	4:23.33	Mike Creed, Will Frischkorn, Devon Hoff-Weekes, Jon Retseck, Athens, Greece, 8/5/99
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### Road Time Trials

#### 10 km

12-	14.22.30	Alex Coelho, Moriarty, NM 9/1/02
14-	13:11.73	Chris Stockburger, Moriarty, NM, 9/2/01

#### 20 km

16-	25:08.48	Blake Caldwell, Moriarty, NM, 9/4/00
18-	24:13.00	Heath Sandall, Quito, Ecuador, 7/24/94

## Junior Women

### Track Time Trial - Flying Start

#### 200 meters

18- 11.47 Missy Thompson, Colo. Springs, CO, 6/19/96

### Track Time Trial - Standing Start

#### 500 meters

14- 38.58 Cindy Lakatosh, Colo. Springs, CO 7/4/02

*16- 37.364 Coryn Rivera, Colo.Springs, CO 7/1/07*

*18- 36.656 Collen Hayduk, Colo. Springs, CO, 6/30/07*

#### 2 km

14- 2:51.67 Lauren Shirock, Trexlertown, PA 8/26/03

16- 2:40.40 Sarah Hammer, Carson, CA, 6/6/99

18- 2:27.92 Jessica Grieco, Colo. Springs, CO, 7/16/91

#### 4 km Team Pursuit

18- 5:15.66 Katie Compton, Amber Holt, Ryan Kelly, Sara Willhoit, Houston, TX, 7/9/95

### Road Time Trials

#### 10 km

12- 16:41.62 Jeanne Eriksson, Moriarty, NM, 9/5/99

14- 15:19.24 Danielle Haulman, Moriarty, NM 9/5/04

#### 20 km

16- 29:48.61 Ryan Kelly, St. Louis, MO, 7/7/94

18- 29:41.97 Jessica Grieco, Borrego Springs, CA, 8/10/90

## Masters Men

### Track Time Trial - Flying Start

#### 200 m

30+	10.333	Stephen Alfred, Colo. Springs, CO 8/6/02
35+	10.598	Stephen Alfred, Colo. Springs, CO 8/4/04
40+	10.511	Stephen Hill, Colo. Springs, CO 8/9/06
45+	11.050	David Lindsey, Colo. Springs, CO, 8/9/06
50+	11.140	Butch Stinton, Colo. Springs, CO, 8/6/02
55+	11.435	Victor Copeland, Colo. Springs, CO, 8/26/01
60+	11.473	Victor Copeland, Colo. Springs, CO, 8/6/02
65+	11.922	Earl Henry, Colorado Springs, CO 8/9/06
70+	12.822	Luigi Fabbri, Colorado Springs, CO 8/9/06

### Track Time Trial - Standing Start

#### 500 m

(40-44)	34.901	Don Scales
(45-49)	35.945	Jerry Woodruff
50+	34.834	Roy Simonson, Colo. Springs, CO 8/6/02
55+	35.508	Stanley Gregg, Manchester, England, 10/9/01
60+	35.654	Victor Copeland, Colorado Springs, CO 8/4/04
65+	37.242	Earl Henry, Colo. Springs, CO 8/9/06

#### 750 m

40-44	49.107	Stephen Hill, Manchester, 2006
45-49	49.616	Alphonso Whaley, Manchester, 2005

#### 1 km

30+	1:04.271	Jeff Solt, Colo. Springs, CO, 7/13/93
35+	1:04.927	Anton Quist, Colo. Springs, CO 8/4/04
40+	1:05.063	Roy Simonson, Colo. Springs, CO 8/24/00
45+	1:07.85	Vic Copeland, Colo. Springs, CO, 8/21/93

#### 2km

50+	2:20.858	Kent Bostick, Colo. Springs, CO 8/10/06
55+	2:24.439	Woody Cox, Colo. Springs, CO 8/11/06
60+	2:24.780	Victor Copeland, Colo. Springs, CO 8/4/04
65+	<i>2:32.102</i>	<i>James Murdock, Colo. Springs, CO 7/21/07</i>

#### 3 km

30+	3:23.31	Chris Carlson, Manchester, England, 8/26/95
35+	3:24.60	Kent Bostick, Colo. Springs, CO, 10/16/93
40+	3:24.60	Kent Bostick, Colo. Springs, CO, 10/16/93
45+	3:21.06	Kent Bostick, Manchester, GBR, 9/23/99

### 4 km team time trial

30+	4:31.463	Dan Vogt, Curtis Tolson, Kenny Williams, Leif Clarke, Colo. Springs, CO, 8/13/06
40+	4:36.895	Kent Bostick, Richard Meeker, Jeff Fillerup, Larry Nolan, Colo. Springs, CO 8/13/06
45+	4:50.683	Glen Winkel, Vic Copeland, Butch Stinton, Clive Dawson, Colo. Springs, CO 8/10/02
50+	4:51.491	Jim Dickerson, Mark Rodamaker, Lionel Space Woody Cox, Colo. Springs, CO 8/13/06

### 1 hour

30-34	47.7644	Curtis Gunn, Carson, CA, 11/20/04
<i>35-39</i>	<i>45.641</i>	<i>Jason Sprouse, Trexlertown,PA , 7/318/07</i>
40-44	45.1890	Neal Stansbury, Manchester, 2003
45-49	49.3610	Kent Bostick, Manchester, 1999
<i>50-54</i>	<i>40.965</i>	<i>Kevin Coleman, Carson, CA, 10/5/07</i>
55-59	44.5488	Steven Lehmen, Manchester, 2002

### Road Time Trials

#### Road Time Trials

##### 20 km

65+	26:58.57	William Meyers, Moriarty, NM 9/4/05
70+	<i>27:16.52</i>	<i>William Meyers, Moriarty, NM 9/3/07</i>
75+	30:53.45	Herman Ponder, Moriarty, NM 8/31/03
80+	33:59.62	Gordy Shields, Mission Bay, CA, 4/10/98
85+	35:10.81	Gordon Shields, Moriarty, NM, 8/31/03
90+	<i>44:53.98</i>	<i>Gordon Shields, San Diego, CA, 4/11/08</i>

##### 40 km

30+	47:35.37	John Frey, Moriarty, NM, 9/2/90
35+	47:48.69	Kent Bostick, Moriarty, NM, 9/2/90
40+	48:25.48	Kent Bostick, Moriarty, NM, 9/1/96
45+	49:57.98	Kent Bostick, Dunlap, TN, 6/6/99
50+	50:35.33	Scott Hennessy, Moriarty, NM, 9/5/99
55+	51:56.30	Scott Tucker, Moriarty, NM 8/31/97
60+	52:42.65	Scott Tucker, Moriarty, NM 9/5/99

##### 40 km Tandem

70+	45:56.47	John Frey, Jim Warsa, Moriarty, NM, 9/1/96
90+	47:52.48	Arnie Baker, Phillip Coates, Moriarty, NM 9/1/02
110+	48:56.06	David Spangler, Vic Copeland, Moriarty, NM, 8/31/97

## Masters Women

### Track Time Trial - Flying Start

#### 200 m

30+	11.064	Connie Paraskevin-Young, Bogota, 9/26/95
35+	11.426	Jill Gianettoni, Colo. Springs, CO, 8/12/96
40+	12.149	Annette Hanson, Colo. Springs, CO 8/6/02
45+	12.466	Linelle Betts, Colo. Springs, CO, 8/6/02
50+	12.995	Charlotte Miller, Colo. Springs, CO 8/6/02
60+	13.977	Marsha Macro, Colo. Springs, CO 8/9/06

### Track Time Trial - Standing Start

#### 500 m

30+	34.426	Tammy Thomas, Mexico City, 8/12/01
35+	35.400	Jill Gianettoni, Colo. Springs, CO 8/12/96
40+	38.249	Michelle Bono, Colo. Springs, CO 8/9/06
45+	39:068	Terry Roach, Colo. Springs, CO,8/7/98
50+	39.857	Donna Smith, Carson, CA, 10/06/06
55+	41.558	Linda Miller, Colo. Springs, 8/9/06
60+	<i>42.516</i>	<i>Linda Miller, Trexlertown, PA, 8/27/07</i>

#### 1 km

30+	1:13.287	Rebecca Twigg, Indianapolis, IN 8/9/95
35+	1:14.278	Carol Ann Bostick, Colo. Springs, CO, 7/13/93
40+	1:17.935	Betsy King, Colo. Springs, CO, 7/13/93
45+	1:18.435	Terry Roach, Manchester, GBR, 9/25/98

#### 2km

30+	2:33:697	Nancy Lux, Colo. Springs, CO,8/6/04
35+	2:33.697	Nancy Lux, Colo. Springs, CO 8/6/04
40+	2:31.465	Annette Hanson, Manchester, 2004
45+	2:36.441	Terry Ann Roach, Colo. Springs, CO 8/9/02
50+	2:36.441	Terry Ann Roach, Colo. Springs, CO 8/9/02
55+	<i>2:50:51</i>	<i>Terry Roach, Trexlertown, PA, 8/27/07</i>
60+	2:42.706	Marsha Macro, Colorado Springs, CO 8/4/04

### 3 km team time trial

30+	3:51.772	Annette Hanson, Tracy Huber, Kele Murdin, Debbie Preller, Colo. Springs, CO 8/13/06
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### 4 km team time trial

30+	5:18.81	Wendy Boglioli, Rebecca Everling, Robin Nordberg, Cristine Smith, San Diego, CA 7/12/96
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## 1 hour

35-39	40.7556	Jacque Lockwood, Manchester, 2000
45-49	41.2397	Lillian Pfluke, Manchester, 2006

## Road Time Trials

### 20 km

<i>55+</i>	<i>29:12.51</i>	<i>Laura Lindgren, Sattley, CA, 6/10/07</i>
60+	30:41.71	Haze Thompson, St. Johann, 8/23/06
65+	33:10.69	Eleanor Hamre, Moriarty, NM 9/1/02
70+	34:11.28	Eleanor Hamre, Moriarty, NM, 9/4/06
75+	43:03.58	Martha Hanson, Moriarty, NM 9/3/95
80+	44:24.88	Martha Hanson, Moriarty, NM 9/3/00
<i>85+</i>	<i>48:03.34</i>	<i>Martha Hanson, Moriarty, NM 9/3/07</i>

### 40 km

30+	52:50.23	Phyllis Hines, Dunlap, TN 6/11/95
35+	53:01.99	Vickie Marlatt, Moriarty, NM, 8/31/97
40+	53:01.99	Vickie Marlatt, Moriarty, NM, 8/31/97
45+	57:01.43	Julie Kaplan, Moriarty, NM, 9/6/98
50+	59:01.12	Irene Asher, Moriarty, NM, 9/3/95

### 40 km Tandem

70+	53:01.95	Carolyn Donnelly; Paula Higgins, Moriarty, NM 9/1/97
90+	52:41.76	Elizabeth Benshin, Julie Kaplan, Moriarty, NM 9/1/02

## Masters Mixed

### 40 km Tandem

70+	47:17.84	Kent Bostick, Carol Ann Bostick, Moriarty, NM 9/2/96
90+	48:47.77	Carol Ann Bostick, David Spangler, Moriarty, NM 9/3/95
110+	51:59.27	Elaine Miller, Jim Miller Moriarty, NM 9/4/01
130+	57:42.37	Eleanor Hamre, Bradley Snyder Moriarty, NM 8/31/03